



Mental Health Nurse

Job Pack





Mental Health Nurse

TITLE: Mental Health Nurse

SALARY: £22k - 40k pro rata

LOCATION: 6 Minshull Street, Manchester, M3 4ED

HOURS: Part time

ACCOUNTABLE TO: Lead Care Coordinator

The Bridge is part of the Tx Group, a growing private therapy company, providing a variety of health and education therapy services in the North West of England.

The Bridge is a privately run outpatient service offering immediate specialist support to children and adults who may be experiencing eating disorders or concerns surrounding eating behaviours. We identify/recognise that there are limited options available for families seeking access to outpatient services and existing facilities are often have large waiting lists and strict inclusion criteria. Our team provide a supportive outpatient service for those who are seeking immediate treatment and adopt a multidisciplinary team approach to help achieve effective long-term results for children and their families in overcoming food related problems.

The Bridge works with a multidisciplinary team including mental health nurses, dietitians, psychologists and medics. Our company philosophy is patient-centred and holistic. We are committed to providing the highest standard of care to everyone we treat, helping children and parents make real progress in a professional, caring, safe and supportive environment.

The Mental Health Nurse will join The Bridge on a part time basis at Minshull Street, in the centre of Manchester.

Apply now

To apply for this position please send your CV along with any covering information to careers@thebridgeservice.co.uk



We provide children and adults with immediate access to a multidisciplinary specialist eating disorder service.

Job summary

Main Responsibilities:

- Act as a care-coordinator for clients of The Bridge.
- Complete risk assessments.
- Monitor and provide support surrounding non-suicidal / deliberate self harm, suicidal thoughts and challenging mental health needs.
- Feedback relevant information to MDT in regular collaborative meetings.
- Assess needs, plan, implement and monitor care in collaboration with children and adults, carers, and other members of the multidisciplinary team.
- Implement care that meets the mental, physical, spiritual, psychological and social needs of the child or adult, and that is sensitive to age, culture, race, gender, ethnicity, social class, sexuality and disability.
- Deliver a high standard of Nursing care to patients and families.
- Provide assessments and reports for clients ranging between the ages of 8-25.
- Work to help children with an eating disorder maximise the quality of their life.
- Maintain up to date records in line with professional standards.
- Practice in keeping with NICE guidelines.
- Provide supervision / advice to Personal Assistants employed within the company.
- Actively engage in the use supervision and all other training opportunities provided to further own professional and clinical development and that of others.
- Liaise with other healthcare professionals, clients, parents and any other relevant individuals in a professional manner.
- Manage and maintain own diary, including appointments and meetings.
- Train parents and carers on their child's specific needs.
- Work within a wider MDT including psychologists and dietitians and demonstrate awareness of the relevance of their roles.
- Have input into an MDT service to ensure that holistic needs of children and adults are met.
- Actively engage in safeguarding.
- Recommend equipment where appropriate.



Our vision is to improve the health of children and adults by providing them with immediate access to an evidence-based multidisciplinary eating disorder service.

The ideal candidate

General Responsibilities:

- To manage all tasks effectively and efficiently.
- Set high standards of self and others, assume responsibility and accountability for completion of tasks on behalf of the team.
- Monitor and update diary and bookings system where necessary.
- Update clinical notes following each appointment.
- Actively participate in selected quality management activities.
- Assist with the coordination of everyday services.
- To demonstrate effective time management and organisational skills during management of own workload and to be able to adapt to an unpredictable work pattern on a daily basis.

Team Member Responsibilities:

- Run an efficient and high quality service.
- Collaborate to deliver an excellent customer journey and experience.
- Participate as part of a happy and motivated dynamic team.
- Provide the best experience in the best environments.

Teaching, Training and Professional Development Responsibilities:

- Participate in the appraisal system as appraisee, and be responsible for fulfilling agreed objectives and personal development plan.
- Recognise own development needs and identify in conjunction with how these can be met.
- Participate in the teaching and training of team members.

This job description is not meant to be exhaustive and reflects only the current and anticipated responsibilities of the post. The successful applicant will be expected to work flexibly in order to meet the overall needs of the position.

Why us?

At The Bridge we believe that looking after our employees and providing them with an enjoyable working environment is an important aspect to a successful organisation. If you are successful in this application process, you will be able to enjoy:

- Working for an innovative company that puts its clients' needs first
- Being part of a supportive team
- Immediate access to multidisciplinary team support
- Regular staff events
- Working for a flexible employer
- Recognition

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Our therapy is evidence-based and focused
on the needs of our patients.

Contact us

We would love to hear from you! Please feel free to get in touch.

0161 820 8010

careers@thebridgeservice.co.uk

www.thebridgeservice.co.uk

6 Minshull Street, Manchester, M1 3ED

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