



Family Therapist

Job Pack



Family Therapist

TITLE: Family Therapist

SALARY: TBC

LOCATION: 6 Minshull Street, Manchester

HOURS: Part time / Associate

ACCOUNTABLE TO: Lead Care Coordinator

The Bridge is part of the Tx Group, a growing private therapy company, providing a variety of health and education therapy services in the North West of England.

The Bridge is a privately run outpatient service offering immediate specialist support to children and adults who may be experiencing eating disorders or concerns surrounding eating behaviours. We identify/recognise that there are limited options available for families seeking access to outpatient services and existing facilities often have large waiting lists and strict inclusion criteria. Our team provide a supportive outpatient service for those who are seeking immediate treatment and adopt a multidisciplinary team approach to help achieve effective long-term results for children and their families in overcoming food related problems.

The Bridge works with a multidisciplinary team including mental health nurses, dietitians, psychologists and medics. Our company philosophy is patient-centred and holistic. We are committed to providing the highest standard of care to everyone we treat, helping children and parents make real progress in a professional, caring, safe and supportive environment.

The Family Therapist will join The Bridge on a part time basis at Minshull Street, in the centre of Manchester.

Apply now

To apply for this position please send your CV along with any covering information to careers@thebridgeservice.co.uk



We provide children and adults with immediate access to a multidisciplinary specialist eating disorder service.

Job summary

Main Responsibilities:

- Provide evidence based assessments and treatments within a variety of settings for children and adults with eating disorders/ concerns around eating behaviours and their families.
- Deliver a high standard of care to children / adults and their families.
- Work to help children with an eating disorder maximise the quality of their life.
- Assess needs, plan, implement and monitor care in collaboration with children and adults, parents, carers and other members of the multidisciplinary team.
- Develop and maintain collaborative and evidence based psychological treatment programmes.
- Provide appropriate health and social care interventions according to recovery goals of children, adults and their families.
- Practice autonomously and accept accountability for own clinical actions as a provider of a specialist psychological intervention.
- Maintain timely and accurate records of treatments and interventions in accordance with professional standards.
- Work within a wider MDT including specialist dietitians and mental health nurses
- Attend and contribute in regular MDT service meetings to ensure that holistic needs of children and adult are met.
- Provide specific advice to the MDT regarding each family, the family dynamic and how best to set up the service for each individual client.
- Offer advice, support and psycho-education to clients, their parents, carers and MDT team members, ensuring the conditions of the confidentiality sharing agreements are met.
- Provide systemic family plans and utilise theory, knowledge and practice based on a conceptual framework using evidence based practice.
- Apply a high level of communication skills, recognising and reflecting the need for different styles and methods of communication to meeting therapeutic needs.

- Make highly skilled evaluations and decisions about treatment options taking into account complex relationship factors.
- Work in ways that are sensitive to the needs of people of diverse, racial, cultural, religious backgrounds and different lifestyles particularly those who find change difficult.
- Implement care that meets the mental, physical, spiritual, psychological and social needs of the child or adult, and that is sensitive to age, culture, race, gender, ethnicity, social class, sexuality and disability.
- To conduct risk assessments and provide risk management plans in line with the clinical risk policy.
- Provide referrers and other professionals with written summaries of assessment formulation and treatment outcomes.
- Ensure service users do not wait longer than necessary for a planned intervention.
- Provide advice and support to colleagues across all agencies involved in the care of children, adults, and their families/carers.
- Plan and chair multi-disciplinary/ multi-agency professional and family meetings (e.g. care planning/ discharge planning).
- Demonstrate awareness of current research findings and implement evidence-based practice in line with NICE guidelines and legislation.
- Ensure safe and timely discharge of patients by providing relevant information to key professionals and agencies and following relevant procedures.
- Actively engage in safeguarding.
- Actively engage in the use supervision and all other training opportunities provided to further own professional and clinical development and that of others.



Our vision is to improve the health of children and adults by providing them with immediate access to an evidence-based multidisciplinary eating disorder service.

The ideal candidate

General Responsibilities:

- To manage all tasks effectively and efficiently.
- Set high standards of self and others, assume responsibility and accountability for completion of tasks on behalf of the team.
- Monitor and update diary and bookings system where necessary.
- Update clinical notes following each appointment.
- Actively participate in selected quality management activities.
- Assist with the coordination of everyday services.
- To demonstrate effective time management and organisational skills during management of own workload and to be able to adapt to an unpredictable work pattern on a daily basis.

Team Member Responsibilities:

- Run an efficient and high quality service.
- Collaborate to deliver an excellent customer journey and experience.
- Participate as part of a happy and motivated dynamic team.
- Provide the best experience in the best environments.

Teaching, Training and Professional Development Responsibilities:

- Participate in the appraisal system as appraisee, and be responsible for fulfilling agreed objectives and personal development plan.
- Recognise own development needs and identify in conjunction with how these can be met.
- Participate in the teaching and training of team members.

This job description is not meant to be exhaustive and reflects only the current and anticipated responsibilities of the post. The successful applicant will be expected to work flexibly in order to meet the overall needs of the position.

Why us?

At The Bridge we believe that looking after our employees and providing them with an enjoyable working environment is an important aspect to a successful organisation. If you are successful in this application process, you will be able to enjoy:

- Working for an innovative company that puts its clients' needs first
- Being part of a supportive team
- Immediate access to multidisciplinary team support
- Regular staff events
- Working for a flexible employer
- Recognition

Apply now

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Our therapy is evidence-based and focused
on the needs of our patients.

Contact us

We would love to hear from you! Please feel free to get in touch.

0161 820 8010

careers@thebridgeservice.co.uk

www.thebridgeservice.co.uk

6 Minshull Street, Manchester, M1 3ED

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